

Local Wellness Policy Progress Report

School Name: Kingsley-Pierson Community School District

Wellness Policy Contact: Scott Bailey

Date Completed: 4/15/2025

This tool is to document progress in meeting the goals written in the district's wellness policy at the school. Document steps that have or will be taken to accomplish each goal. In the "Contact Person" column identify the individual who can report on the goal's progress. The items that are completed at the district should be pre-filled to inform all school staff of the implementation status of those goals. Add more lines for goals as needed.

Nutrition Education and Promotion Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
Provide students with the knowledge and skills necessary to promote and protect their health.	P.E. Teachers	x			Required to take health two semesters during their high school career.	Explore additional lessons and activities that incorporate nutrition education.
Promote fruits, vegetables, whole-grain products, low-fat and fat-free dairy	Head Cook	x			Fruits and veggies are served in variety, all dairy and grains meet standards	Continue implementation and education and encourage students to try

products, and healthy foods.						new fruits/veggies.
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Physical Activity Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
Promote the benefits of a physically active lifestyle and help students develop skills to engage in lifelong healthy habits.	P.E. Teachers	x			All students have P.E. time to engage in vigorous activity, outdoor recess, and healthy state walk.	Continue implementation and explore additional activities to incorporate into the school day.
Engage students in moderate to vigorous activity during at least 50% of physical education class time.	P.E. Teachers	x			Elementary and Middle School students have two periods per week of structured physical education time. High school students have physical education at least two times per week with the	Continue to provide activities for physical education that encourages moderate to vigorous activity for more than 50% of the time.

					access to more time.	
Afford elementary students with recess according to the following: 20+ minutes recess daily, outdoors as weather and time permits, encourages moderate to vigorous physical activity, and scheduled to avoid extended periods of inactivity.	Elementary Teachers	x			K-4 students have two 20 minute recesses scheduled throughout the day.	Continue implementation and explore additional activities.

Other School Based Activities Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
Develop a plan to promote staff health and wellness.	Curriculum Director		x		Staff wear wellness gear on Wednesdays and do a wellness	Explore additional ideas for promoting and supporting staff

					activity once a month.	in healthy lifestyle maintenance.
Share information about the nutritional content of meals with parents and students.	Head Cook	x			Students and families have access to the nutritional content of daily lunch meals through the online menu provided by Lunchtime Solutions.	Share the online menu more often with families and ensure that families are aware of the online menu.
Permit students to bring and carry water bottles filled with water throughout the day.	Administration		x		Students currently bring water bottles to class in most buildings and classes.	Ensure that all staff are consistently permitting students to bring and carry water bottles filled with water throughout the day.
Make drinking water available where school meals are served during mealtimes.	Administration	x			Students currently have access to water in several locations throughout the building including the lunchroom areas.	Continue with current practices.

Standards and Nutrition Guidelines for All Foods and Beverages *Sold* to Students During the School Day (e.g. vending, school stores, etc.)

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
Food purchased by students during the school day will meet all state and federal nutritional guidelines as well as smart snacks standards. No vending is available at the school for the students.	Head Cook	x			All food sold a la carte grades 6-12 meet state and federal guidelines.	School will continue to strive to offer healthy a la carte food items that meet or exceed state and federal

Standards for All Food and Beverages *Provided* (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.)

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list	List next steps that will be taken to fully implement
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					challenges of implementation.	and/or expand on goal.
The district does not encourage food or beverages as rewards for academic performance or good behavior.	Administration			x	Administration has sent a letter to staff and parents encouraging that any snacks provided to students or brought from home be prepackaged with a clear manufacturer's ingredient list and nutrition facts label.	School will continue to look for creative ways to hold celebrations that do not include food/beverage items.

Policies for Food and Beverage Marketing

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
Schools will only allow marketing and advertising of food and beverages that meet the smart snacks in school nutritional standards on	Head Cook	x			No vending machines or school stores are available at the school.	School will not be offering vending or school stores to students at this time.

campus during the school day.						
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Public Involvement

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
The district has a local wellness policy committee to advise the district on the development, implementation, and improvement of the school wellness policy.	Administration	x			The district visits the wellness policy twice per year during the School Improvement Advisory Committee, which meets in the Fall and Spring.	Look to include more representation of staff and the community to consistently participate in the meetings.
The superintendent or superintendent's designee invite suggestions or comments concerning the development, implementation, and improvement of the school wellness policy. As such, interested persons are	Administration	x			The policy and the public involvement statement is currently included on the district website.	Continue to encourage community members to reach out with questions and ideas and to participate in the SIAC meeting that meets twice per year.

encouraged to contact the superintendent or superintendent's designee.						
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This institution is an equal opportunity provider.

***NOTE: School districts are required by federal law to have at least one specific wellness goal in each of the goal areas identified above. These goal areas include the following: nutrition promotion and education, physical activity, and other school-based activities that promote student wellness. Options have been provided, but districts must remember the sample policy and sample regulation cannot be adopted in the current format. School boards and administration must make a choice for all text in italicized brackets.**

**NOTE: The Iowa Department of Education has tools and resources available to help districts with progress reports and other aspects of policy implementation and review. Please visit the "School Wellness Policy" section of the Iowa Department of Education's website, located at <https://www.educateiowa.gov/pk-12/nutrition-programs/school-wellness>.*